Schedule at time

28day		morning		afternoon
10:30		men	17:00	100 IS men
		50 SF heats 2		
10:40		women	17:10	800 SF women
		50 AP heats 2		
10:50		400 SF men	17:35	50 SF men final
		200 SF women	17:50	50 AP women final
11:05		800 IS men	18:00	4 x 200 men
44 . 45	Madal		18:20	4 x 100 women
11:15	Medal	ceremony	18:30	Medal ceremony
20.46.4		morning		afternoon
29day 10:00		400 SF women	17:00	50 SF women final
10 : 00		1500 SF men	17:10	400 IS men
10: 15		50 SF heats	17:30	100 IS women
	women	oo or node	17.00	Too IO Welliell
10:50		100 SF heats	17:40	100 SF men final
	men			
11:00		800 IS women	17:55	4 x 200 women
11:30	Medal	ceremony	18:20	Medal ceremony
		•		,
30day		morning		afternoon
10:00		50 AP heats men	17:00	50 AP men final
10:10		1500 SF women	17:10	400 IS women
10:50		200 SF men	17:30	800 SF men
11:00		100 SF heats	17:55	100 SF women final
	women			
11 : 20			18:10	4 x 100 men
	Medal	ceremony		Medal ceremony

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[26day]

12:00 受付 Arrival and Check in Hotel

16:00 練習 Training

【27day】

 07:30 食事
 Breakfast

 09:00 練習
 Training

11:00 練習終了 Training Stop

12:30 昼食 Lunch

16:00 監督者会議 DCO注意 Technical meeting &

Anti doping test explanation

16:00 練習 Training

17:00 練習終了TrainingStop19:00 代表者会議Official meeting

(Only the representative)

19:30 夕食 Dinner

[28day]

07:30 食事 Breakfast

09:00 開会式練習 Opening ceremony Rehearsal

10:00 開会式Opening ceremony10:30 競技開始Competition start12:00 午前終了End in morning

12:30 昼食 Lunch

13:30 アジア総会 ASIAN Congress

16:00 練習 Training

17:00 競技開始 Competition start

19:00 競技終了 Stop 19:30 夕食 Dinner

【29day」

07:30 食事 Breakfast 09:00 練習 Training

10:00 競技開始Competition start12:00 午前終了End in morning

 12:30 昼食
 Lunch

 16:00 練習
 Training

17:00 競技開始 Competition start

19:00 競技終了 Stop 19:30 夕食 Dinner

【30day】

07:30 食事 Breakfast 09:00 練習 Training

10:00 競技開始Competition start12:00 午前終了End in morning

12:30 昼食 Lunch 16:00 練習 Training

17:00 競技開始 Competition start

19:00終了 End 19:30夕食 Dinner

【31day】 イベント

<u>17:00 フェアウエルパーティ</u> Feouelparti

【1Day.NOV】

帰国 Departure